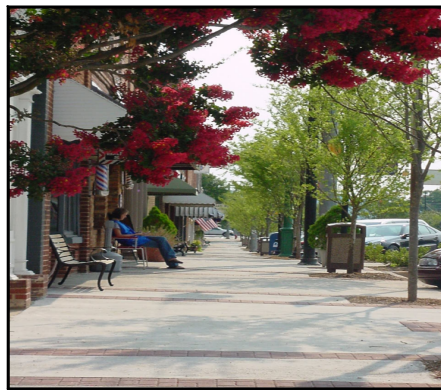


Just Released: SCDOT Enhancement Grants Due August 3

The S.C. Department of Transportation (SCDOT) has released a deadline for the agency's Transportation Enhancement Grant Program. This program is part of the Safe, Accountable, Flexible, Efficient Transportation Equity Act: A Legacy for Users (SAFETEA-LU), which is the guiding legislation for USDOT and state DOTs. Transportation Enhancement Grants fund community improvement projects that have a relationship to transportation, including facilities for pedestrians and bicycles; roadway beautification and landscaping; preservation of abandoned railway corridors; and pedestrian safety and education activities. Local governments may apply for up to \$200,000, and there is a 20 percent local match for the funds. The SCDOT Commission has approved \$4 million for rural projects this year, which is less than previous years. The Commission has included these items for this year's program:

- Compliance with federal and state guidelines
- Applicants that have received funding for the previous cycle (2005/2006) or have more than one active project will not be eligible to receive funding in this cycle
- Local funding of at least 20 percent is required and must be specifically identified in the application.
- Project must begin within six months of notice to proceed by SCDOT and should be completed within 24 months.

The time frame is short, so now is the time to act. Local govern-



Recent Streetscape Project in Pickens
(Picture courtesy of the City of Pickens)

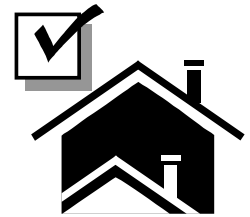
ments must work quickly to identify possible projects and to develop a plan for the project selected for application. The plan involves estimating the project costs, identifying the source of the local funding component, development of a maintenance program, and cultivation of local support. Recently, the Cities of Pacolet, Gaffney, and Pickens have used the grants for street, sidewalk, and pedestrian path improvements.

Look for more updates concerning enhancement grants in upcoming *Viewpoint* publications and SCDOT mailings. For more information concerning the Transportation Enhancement Program, contact Chip Bentley at the Appalachian COG at 864-242-9733; Cathy Rice with the SCDOT at 803-737-1953; or visit the SCDOT web site at <http://www.scdot.org/community/tep.shtml>.



Countdown to LUCA

Many Upstate municipalities and counties are taking advantage of an opportunity to partner with the U.S. Bureau of the Census to preview and correct the address list and corresponding maps that will be used to count residents for the 2010 census.



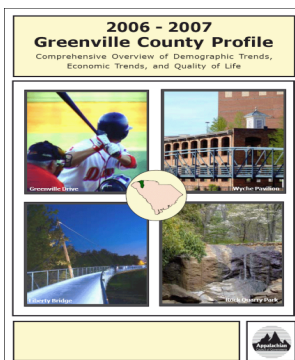
They don't want to lose a dime of the millions of dollars of federal funding distributed to governments during the next decade based on population totals provided by the 2010 Census. The *Local Update of Census Addresses* program, or "LUCA", gives local governments an opportunity now to impact the census enumeration in 2010.

In July, elected officials and planners in each county and municipality will receive a letter from the U.S. Census Bureau, asking them to choose one of three options for LUCA participation. After LUCA participants receive the appropriate packet of maps and address lists, they will have 120 days to review and update the address list and return their comments to the Census Bureau's Regional Office. The S.C. State Budget & Control Board Office of Research & Statistics is coordinating with the Census Bureau to equip local officials with the knowledge and tools that will help South Carolina get the best count possible. They will offer a training class at the ACOG in August

(LUCA continued on page 2)

2006-2007 County Profiles: Scheduled for July Release!

The ACOG Information Services Department has scheduled release of the *2006-2007 County Profiles* for July 30. Presently available for Anderson, Cherokee, Greenville, Oconee, Pickens and Spartanburg Counties, these publications provide an overview of the demographic, economic, and quality of life characteristics of each county in the region.



Filled with updated information presented through numerous tables, graphs, charts and maps, these reports also include a *Quality of Life* section featuring a *Points of Interest* summary. This summary provides descriptions and photographs of features such as state parks, art museums, and historic sites, just to name a few.

The Appalachian Council of Governments researches and produces these publications annually using data from agencies such as the U.S. Census Bureau, U.S. Bureau of Economic Analysis, S.C. Employment Security Commission, and the State Data Center.

Persons in search of comprehensive socio-economic data may now access these reports at any time of day, from the convenience of their personal computers! These reports, and other publications, are now offered via online purchase. Upon secure payment through *Pay Pal*, the customer may download a complete, full-color report. The online publications are available in

a portable document format, so the customer can easily open the report upon downloading a free copy of the document viewer. Pre-printed reports may still be purchased from the ACOG by phone, mail, or walk-in.

Through September 30th, *County Profiles* are being offered at a reduced price! For more information, or to take advantage of this “new-release” discount, visit our website at www.scacog.org, or contact the Information Services Department.

(LUCA continued from page 1)

or September to fully explain the LUCA process.

The success of LUCA depends on a good team of local knowledgeable people. Based on experience with the 2000 Census LUCA, the Office of Research recommends that the local review committees include folks who know where people live (E-911 or EMS personnel, tax assessors, postal workers, meter readers), those who can garner support (administrators, council members), folks who do mapping and planning, and at least one person who loves to fill out forms.

Participation in the Local Update of Census Addresses program is not mandatory, but few municipalities will want to miss out on the chance to increase their census-based funding and ensure fair government representation.

Watch the www.scacog.org for an announcement of the LUCA training class planned for August or September 2007.

For more information on how your local government can participate in LUCA, please contact: U.S. Census Bureau, Charlotte Regional Census Center (1-888-688-6948); S.C. Budget & Control Board, Office of Research & Statistics (803-734-3793); or ACOG, Carol Andersen (864-242-9733).

Development Corporation News



When **BankGreenville**, one of the newer banking institutions in Greenville, and Mr. Steven Hoffman, owner and President of **Skyline Exhibits and Design**, Incorporated, were working out a financial plan for Mr. Hoffman to purchase a building and renovate it for Skyline's office and warehouse, they decided to contact the Appalachian Development Corporation and request its participation in the project. The project, located at 326 Feaster Road in Greenville, totaled \$710,000, with BankGreenville funding 50 percent of the cost, the ADC funding 40 percent through its SBA 504 loan program, and Mr. Hoffman contributing 10 percent. This SBA 504 loan recently closed and is now in the process of funding.

Skyline Exhibits and Design is a Greenville-based S-corporation, formed in late 2005 to purchase the Greenville territory assets of The Holt Group/Skyline Exhibits. The Holt Group, headquartered in Greensboro, N.C., was founded in 1975 and originally started as an advertising agency. By the 1980s, The Holt Group had become the exclusive representative in the Carolinas for Skyline Displays, Incorporated, with multiple offices in Virginia and the Carolinas. Upon the death of the original owner, and after being run by the owner's surviving spouse for a period of ten years, The Holt Group divested all interests by selling off the

(ADC continued on page 6)

The Silver Haired Legislature



Mayor Lamar Bailes, Speaker of South Carolina's Silver Haired Legislature, addresses members of the General Assembly on issues of concern to seniors.

Walhalla Mayor Lamar Bailes has been elected Speaker of South Carolina's Silver Haired Legislature (SHL). The General Assembly created the SHL in 1999 to identify issues, concerns and possible solutions for problems faced by the citizens of South Carolina, with special emphasis on issues related to seniors and to make recommendations to the governor and the Legislature.

Mayor Bailes succeeds Tom Lloyd of West Columbia, who had completed his second two-year term. Other officers elected by the SHL during its May 10 organizational session include: Treasurer, Henry Baranoski of Conway; Records Clerk, Hannah Timmons of Columbia; Secretary, Arlis Hinson of Anderson; and Speaker Pro Tem, Eugene Bondurant of Greenville.

The SHL's Eighth Annual Legislative Session will be held September 11-13 at the Statehouse in Columbia. Its legislative committees will meet in Columbia on July 26 to prioritize resolutions that will be developed in June by its ten regional caucuses. Participants are chosen in each county in coordination with the state's ten Regional Area Agencies on Aging.

The group's legislative priorities for 2007 include: 1) instituting mandatory criminal background checks for all in-home or adult day care facility workers; 2) reforming the "payday loan" industry; 3) increasing state funding for home and community-based ser-

vices for the elderly; 4) increasing funding to provide emergency shelter for elderly abuse victims; and 5) creating a student loan debt forgiveness program to reward nurse practitioners who specialize in geriatric care.

The Appalachian COG has long hosted the meetings of the Silver Haired Legislature and is pleased to be associated with them. Contact ACOG's Michael Stogner or Beverly Allen in Greenville at 242-9733 for general information concerning the organization.

ACOG Hires New Planner



The Appalachian Council of Governments recently hired **Aliza Tourkow** to fill the Senior Community and Regional Planner position vacated by Heather Colin. Aliza's planning emphasis will be in **community and environmental planning**. Aliza comes to us from LaVergne, Tennessee, near Nashville, where she served as their Planning Director. Prior to LaVergne, she worked as a planner for the City of Louisville, Kentucky.

Did You Know?

Spartanburg County contains 13 of the region's 43 municipalities; its neighbor, Cherokee County, contains only 2 incorporated municipalities.

Required Changes to Comprehensive Plans



On May 30, 2007, Governor Sanford signed the "**South Carolina Priority Investment Act**," amending the state planning enabling laws. The act requires changes to local comprehensive plans that amend the housing element and calls for the addition of transportation and priority investment elements to the plan.

The new **Transportation Element** must assess community transportation facilities, including major road improvements, new road construction, transit projects, pedestrian and bicycle projects, and other elements of the transportation network. Proposed objectives and projects should be developed in coordination with the land use element, to ensure transportation efficiency for existing and planned development.

A new **Priority Investment Element** will identify funds available for public infrastructure and facilities and prioritize community investment needs over a ten-year period. This includes infrastructure and facilities associated with water, sewer, roads, and schools. Each jurisdiction must also coordinate with adjacent jurisdictions and agencies by notifying them and allowing them to comment. This includes counties, municipalities, public service districts, school districts, public and private utilities, transportation agencies, and public entities that

(Planning continued on page 5)

Physical Restraints



Physical restraints are defined as any equipment, material, or device - mechanical or not - which restricts freedom of movement or normal access to one's body.

The most common forms of physical restraints utilized in nursing homes include the following:

- vest restraints
- waist restraints
- crotch restraints
- wrist restraints
- mitts
- wheelchair restraints
- sheets
- bed side rails

A number of undesirable side effects have been associated with these restraints, which have been widely used in years past as a way to achieve caregiving goals or to manage residents in nursing homes. The aforementioned types of restraints limit the movement of the resident, and can therefore result in the following:

- incontinence
- dehydration
- urinary tract infections
- contractures
- ulcers and wounds
- pneumonia
- brittle-bone fractures
- depression
- loneliness
- agitation
- in some cases, death

Prior to the Federal legislation in 1987, there were no provisions on restricting the use of physical restraints. In the late 1980's, approximately 40

percent of all nursing homes used some form of physical restraints. As a result of the Federal legislation, the use of physical restraints was reduced to 20 percent by 1994.

Now, physical restraints may be used if - and only if - a physician has written an order for the restraint to be part of the care objectives for the resident, and the resident must have the restraint removed every two hours.

There are ongoing efforts to minimize the extent to which physical restraints are utilized in nursing homes. In South Carolina, DHEC Certification and Licensure monitors both nursing homes and assisted living facilities. The Ombudsman program advocates on behalf of the residents in these facilities as well.

There is an abundance of information on physical restraints in books, study surveys, and articles of interest on the Internet and in public libraries. The Elder Law Journal is a good resource, along with the National Committee for the Prevention of Elder Abuse.

For questions regarding nursing home or assisted living care problems, contact ACOG's Long Term Care Ombudsman staff at (864) 242-9733.

Sources: National Committee for the Prevention of Elder Abuse; Nursing Homes, 2nd Edition; Dept. of Health Administration and Policy, MUSC.

Caregiver Training Available by DVD

The Family Caregiver Support Program is pleased to announce a **new individual training program** that can be accessed by caregivers from the convenience of their homes. In April 2007, the program developed a series of training DVDs that address various topics of caregiving.



The caregiver simply chooses a caregiver topic from a list provided by the Family Caregiver Support Program. Once the selection is made, a **Family Caregiver Advocate will mail the selected DVD to the caregiver's home for viewing**. A postage pre-paid, self-addressed return envelope is included in the package, along with notes pertinent to the enclosed DVD training video. Once the caregiver has finished viewing the DVD, they simply return it to the Family Caregiver Support Program in the self-addressed, postage pre-paid enveloped. The caregiver may also return a form requesting that a subsequent DVD, covering a different topic, be mailed for their viewing.

If a caregiver would like to earn a certificate of completion for a particular training, they may request a simple test (10-15 questions) to be completed and returned. If the caregiver passes the test with a "C" or better, they will receive a certificate of completion for each training test completed. The notes that are provided with each DVD caregiver training may be used when taking the certification of completion test. The following caregiver training DVDs are available:

CAREGIVING (Volumes 1-10):

- Bed Rest
- Wheelchair
- Infection Control
- Medications
- Fall Preventions
- Fire Safety
- Elder Abuse
- Personal Care
- Wellness

(Caregiver Training continued on page 6)

WorkLink's Job Fairs a Huge Success

WorkLink's First Annual Job Fairs, held April 24 and 25, 2007, at Clemson University's Littlejohn Coliseum, were a big success — both in terms of attendance, and also in the connections made by fair participants. Companies from WorkLink's coverage area of Anderson, Oconee and Pickens Counties, as well as those from surrounding counties, exhibited at both fairs. Among the employers attending were UPS, Verizon, AFLAC, School Districts, and HTI Human Technologies.

The first fair, held on April 24, targeted the general public. More than 230 people attended and interviewed, or completed applications for positions such as assemblers, nursing, general health care, and many other service industry careers.

The other fair, held on April 25, saw more than 300 people in attendance. Students, staff, parents, and administrators from five of the area's seven school districts checked out opportunities such as summer jobs and many other service industry positions.

Both fairs experienced steady activity throughout their duration. "Not only was the traffic consistent overall both days, but the special area setup for helping people with resumes or applications was virtually always full of people," said Julia Hoyle, WorkLink Director.

Evaluation surveys completed by attendees and exhibitors were very favorable, according to Renee Gahan and Juan Luvane, both of WorkLink. The broad-based marketing approach to draw attendees to the events was one aspect of the fairs that received positive feedback in the surveys. People learned of the events through various media channels, including newspaper advertising, radio, direct mail, Internet, billboards, and flyers. In light of the fairs' success, WorkLink is considering hosting more than one fair per year — for both youth and adults.



WorkLink Job Fair: The "One-Stop On the Go" helps attendees with their resumes.

Several agencies associated with WorkLink were involved with the job fairs, including the South Carolina Employment Security Commission, Adult Education, and Tri-County Technical College. Sponsors of the event were Bartlett Nuclear, Blue Ridge Electric Cooperative, and Shaw Industries.



(Planning continued from page 3)

are affected by or have planning authority over the public project.

Finally, the act requires that the **Housing Element** include an analysis of ways to minimize housing requirements that add to the cost of developing affordable housing, along with identification of market-based incentives that may encourage development of affordable housing. This measure, by reducing regulatory requirements not aimed at protecting the public's safety and welfare and increasing incentives for affordable housing projects, is intended to encourage private development of affordable housing.

Revisions to a local government's comprehensive plans are required at the next scheduled review of its local comprehensive plan. Reviews are required five years following adoption of the comprehensive plan. For more information, please **contact Chip Bentley at 864-241-4613.**

Oconee County Hires New Administrator



New Oconee County Administrator, Dale Surret. (Photo by Brett McLaughlin, Seneca Daily Journal)

Oconee County's new administrator, Dale K. Surret, is scheduled to start work in early July, succeeding retiring administrator, Tom Hendricks and Interim Administrator and Finance Director, Phyllis Lombard. The new Administrator will oversee about 440 county employees and a budget of about \$41 million.

Surret, the current city administrator of Moncks Corner in Berkeley County, has more than 25 years of government experience. Surret took the job at Moncks Corner in 2004, and prior to that time he was the McCormick County Administrator for five years; the Emergency Management Director in Greenville County from 1996-1999; and he also worked for the Richland County Sheriff's Office in Columbia as an investigator.

Surret's wife, Michele, is a nurse. The Surrets have two children, five and seven years old.



VIEWPOINT

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respective satellite offices. It was at this time that Mr. Hoffman formed Skyline Exhibits and Design. Skyline Exhibits is essentially a marketing firm that offers its customers one source for all trade show display needs - from concept and creation, to installation and management.

Steve Hoffman had 10 years of service with The Holt Group/Skyline Exhibits before purchasing the Greenville territory in December 2005. He served as Marketing Consultant, Showroom Manager, and Vice-President of Sales and Marketing under The Holt Group. While he has owned the current operation for only 18 months, he has already demonstrated the managerial savvy necessary to grow Skyline Exhibits and Design from a marketing division to a stand-alone operation, and to take that operation from a rental space to an owner-occupied office and warehouse.

The operation will retain its current four jobs and create an additional eight jobs over the next two years. The ADC is pleased to associate with successful individuals such as Steve Hoffman and banking institutions like BankGreenville. If you know someone who can benefit from a similar arrangement, please **contact Dave Mueller or George Long at (864) 242-9773.**

(Caregiver Training continued from page 4)

- Vital Signs (also available in Spanish)

COMMUNICATION: (Volumes 1-5):

(How to care for someone who has _____)

- Hearing Loss
- Aphasia
- Alzheimer's
- Cultural Competence
- Alzheimer's (mid to late stages)

TREATING URINARY INCONTINENCE

If you or someone you know would like to learn more about the Home Caregiving Training, or would like to obtain more information about the Family Caregiver Support Program, please **contact either J. Sam Wiley, Jr., or Debra Brown at 1-800-925-4077 or (864) 242-9733.**